

REGION 2

Substance Use Disorder Treatment Facilities per SAMHSA

CUMBERLAND

Bridgton

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Tri County Mental Health Services Substance Abuse Services 32 North High Street Bridgton 04009 207-647-5629 http://www.tcmhs.org	Outpatient; Regular outpatient treatment. Brief intervention; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Federal, or any government funding for substance use programs; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	No	No
Crooked River Counseling PA Main Office 87 South High Street Bridgton 04009 207-647-5600 http://www.crookedrivermaine.com	Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment; Telemedicine/telehealth. Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Community reinforcement plus vouchers; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling	Yes	Yes	No	Yes

	<p>approach; Trauma-related counseling; 12-step facilitation.</p> <p>Federal, or any government funding for substance use programs; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>				
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Brunswick

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Sarah A Thacher, LADC LCSW 10 Cumberland Street Brunswick 04011 207-751-7936</p>	<p>Outpatient; Regular outpatient treatment.</p> <p>Anger management; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>	Yes	Yes	No	Yes
<p>Mid Coast/Parkview Health Addiction Resource Center 66 Baribeau Drive, Suites 9-10 Brunswick 04011 207-373-6950 http://www.midcoasthealth.com</p>	<p>Outpatient; Outpatient detoxification; Outpatient day treatment or partial hospitalization; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment.</p> <p>Anger management; Brief intervention; Cognitive</p>	Yes	Yes	Yes	NA

	<p>behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Federal, or any government funding for substance use programs; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>				
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Gorham

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Caring Counseling for You 510 Main Street, Stop A Gorham 04038 207-774-4564 http://www.addictiontreatmentplus.com</p>	<p>Outpatient; Regular outpatient treatment; Telemedicine/telehealth.</p> <p>Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling.</p> <p>Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>	Yes	Yes	No	No
<p>Carol M. Larson 31 Main Street, Suite 3 Gorham 04038</p>	<p>Outpatient; Regular outpatient treatment.</p>	Yes	Yes	No	Yes

	<p>Anger management; Cognitive behavioral therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; 12-step facilitation.</p> <p>Medicaid; Private health insurance; Cash or self-payment.</p>				
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New Gloucester

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Day One New Gloucester House 934 Intervale Road New Gloucester 04260 207-808-5920 http://www.day-one.org</p>	<p>Residential; Long-term residential. (Female only 13-20 years of age; 6 month program.)</p> <p>Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling.</p> <p>Federal, or any government funding for substance use programs; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment.</p>	Yes	Yes	No	No

Portland

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Pine Tree Recovery Center 17 Bishop Street Portland 04103 207-618-9611</p>	<p>Hospital inpatient; Outpatient; Residential; Hospital inpatient detoxification; Intensive outpatient treatment; Outpatient</p>	Yes	No	Yes	NA

	<p>methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment; Short-term residential.</p> <p>Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Private health insurance; Cash or self-payment.</p>				
<p>Christene J. Berg 17 Bishop Street, Suite 205 Portland 04103 207-344-4134</p>	<p>Outpatient; Regular outpatient treatment.</p> <p>Anger management; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Medicaid; Private health insurance; Cash or self-payment.</p>	Yes	No	No	Yes
<p>Crossroads Eating Disorder and Addiction Program 735 Washington Avenue Portland 04103 207-773-9931</p>	<p>Residential; Short-term residential.</p> <p>Anger management; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling.</p>	Yes	No	Yes	NA

	IHS/Tribal/Urban (ITU) funds; Medicaid; Private health insurance; Cash or self-payment.				
Crossroads Back Cove Women's Residential Program 575 Forest Avenue Portland 04101 207-773-9931 http://crossroadsme.org	Residential; Short-term residential. (Female only; 30 day program.) Anger management; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. IHS/Tribal/Urban (ITU) funds; Medicaid; Private health insurance; Cash or self-payment.	Yes	Yes	No	Yes
Milestone Recovery 65 India Street Portland 04101 207-775-4790 http://www.milestone-recovery.org	Hospital inpatient; Hospital inpatient detoxification. (Detox-Male and Female; 3 to 7 days. Inpatient-Male only; 6 to 9 month program.) Anger management; Brief intervention; Motivational interviewing; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. Federal, or any government funding for substance use programs; Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	Yes	NA
Liberty Bay Recovery Center 343 Forest Avenue Portland 04101 207-772-9800 http://www.libertybayrecovery.com	Hospital inpatient; Outpatient; Residential; Hospital inpatient detoxification; Hospital inpatient treatment; Outpatient day treatment or partial hospitalization; Intensive outpatient treatment; Regular outpatient treatment;	Yes	Yes	Yes	NA

	<p>Residential detoxification; Long-term residential; Short-term residential. (Male and Female; Short term is 2-4 weeks; Long term is 60-90 days.)</p> <p>Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Community reinforcement plus vouchers; Dialectical behavior therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Private health insurance; Cash or self-payment.</p>				
<p>Maine Behavioral Healthcare 165 Lancaster Street Portland 04101 207-874-1030 http://mainehealth.org/main-behavioral-healthcare</p>	<p>Outpatient; Regular outpatient treatment; Telemedicine/telehealth.</p> <p>Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling.</p> <p>Medicare; Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>	Yes	Yes	No	Yes
<p>Catholic Charities Maine Substance Use and Mental Health Counseling 420 Cumberland Avenue Portland 04101 207-775-5671 http://www.ccmaine.org</p>	<p>Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment.</p>	Yes	Yes	Yes	NA

	<p>Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Federal, or any government funding for substance use programs; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>				
<p>Greater Portland Health 63 Preble Street Portland 04102 207-874-2141</p>	<p>Outpatient; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment.</p> <p>Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Federal, or any government funding for substance use programs; Medicare; Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>	Yes	Yes	Yes	NA
<p>Behavioral Health Resources of Maine 48 Free Street Portland 04101</p>	<p>Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine</p>	Yes	Yes	Yes	NA

<p>207-808-1384 http://bhrme.com</p>	<p>or naltrexone treatment; Regular outpatient treatment; Telemedicine/telehealth.</p> <p>Anger management; Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>				
<p>Top of the Hill Counseling 142 High Street Portland 04101 207-780-8999 http://www.topofthehill.me</p>	<p>Outpatient; Regular outpatient treatment.</p> <p>Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>	Yes	Yes	No	Yes
<p>Health Affiliates Maine Deborah Brown, LSCW LADC CCS 222 Saint John Street, Suite 144 Portland 04102 207-240-7199</p>	<p>Outpatient; Regular outpatient treatment.</p> <p>Anger management; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p>	Yes	Yes	No	Yes

	Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment.				
Health Affiliates Maine Donald Kent LCSW CCS 222 Saint John Street, Suite 228 Portland 04102 207-517-5350	Outpatient; Regular outpatient treatment; Telemedicine/telehealth. Anger management; Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling. IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment.	Yes	Yes	No	Yes
Groups Recover Together 222 Saint John Street, Suite 322 Portland 04102 207-613-1763 http://www.joiningroups.com	Outpatient; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment; Telemedicine/telehealth. Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; 12-step facilitation. Private health insurance; Cash or self-payment.	Yes	No	Yes	NA
Link Stevens, LCSW LADC 142 High Street, Suite 409 Portland 04101 207-749-4930	Outpatient; Regular outpatient treatment. Brief intervention; Motivational interviewing; Relapse prevention; Substance use counseling approach; 12-step facilitation. Private health insurance; Cash or self-payment.	Yes	No	No	Yes

<p>Central Maine Family Counseling dba Blue Willow 400 Commercial Street Portland 04109 207-777-3399</p>	<p>Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment; Telemedicine/telehealth.</p> <p>Anger management; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling.</p> <p>Federal, or any government funding for substance use programs; Medicare; Private health insurance; Cash or self-payment.</p>	Yes	No	Yes	NA
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Scarborough

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Crossroads Greater Portland Counseling Center 71 US Route 1, Suite E Scarborough 04074 207-773-9931 http://www.crossroadsme.org</p>	<p>Outpatient; Intensive outpatient treatment; Regular outpatient treatment.</p> <p>Anger management; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Federal, or any government funding for substance use programs; IHS/Tribal/Urban (ITU) funds; Medicare; Medicaid; Private health insurance; Cash or self-payment.</p>	Yes	Yes	No	Yes

Mary Menard LADC 636 US Route 1, Suites A-E Scarborough, 04070 207-329-9555	Outpatient; Regular outpatient treatment. Motivational interviewing; Relapse prevention; Substance use counseling approach. Cash or self-payment.	Yes	No	No	Yes
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South Portland

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Discovery House South Portland Comprehensive Treatment Centers 400 Western Avenue South Portland 04106 207-774-7111 http://www.mainectc.com/location/southportland/	Outpatient; Outpatient detoxification; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment. Cognitive behavioral therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Federal, or any government funding for substance use programs; Medicaid; Private health insurance; Cash or self-payment.	Yes	No	Yes	NA
Maine Behavioral Healthcare Greater Portland IMAT 254 Western Avenue South Portland 04106 207-661-0440	Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment. Anger management; Cognitive behavioral therapy; Contingency management/motivational incentives; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling.	Yes	Yes	Yes	NA

	Federal, or any government funding for substance use programs; Medicare; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.				
Day One Outpatient Office 650 Main Street South Portland 04106 207-874-1045 http://www.day-one.org	Outpatient; Intensive outpatient treatment; Regular outpatient treatment. Anger management; Brief intervention; Cognitive behavioral therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Federal, or any government funding for substance use programs; Medicaid; Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	No	Yes
Debra Ouimette 650 Maine Street, Suite 210 South Portland 04106 207-205-7556 http://www.doui-help.com	Outpatient; Regular outpatient treatment; Telemedicine/telehealth. Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Medicaid; Private health insurance; Cash or self-payment; State-financed	Yes	Yes	No	No

	health insurance plan other than Medicaid.				
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Westbrook

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
<p>Cap Quality Care Inc. 1 Delta Drive, Suite A Westbrook 04092 207-856-7227 http://www.capqualitycare.com</p>	<p>Outpatient; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment.</p> <p>Anger management; Brief intervention; Contingency management/motivational incentives; Motivational interviewing; Relapse prevention; Substance use counseling approach; 12-step facilitation.</p> <p>Federal, or any government funding for substance use programs; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.</p>	Yes	No	Yes	NA
<p>ENSO Recovery Westbrook 406 Bridgton Westbrook 04092 207-245-1800 http://mainesuboxone.com/</p>	<p>Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment; Telemedicine/telehealth.</p> <p>Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation.</p> <p>Federal, or any government funding for substance use programs; Medicaid;</p>	Yes	No	Yes	NA

	Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.				
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Windham

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
Food Addiction and Chemical Dependency Consultants LLC 50 Sandbar Road, Unit C Windham 04062 207-774-4564 http://www.addictiontreatmentplus.com	Outpatient; Regular outpatient treatment; Telemedicine/telehealth. Anger management; Brief intervention; Cognitive behavioral therapy; Contingency management/motivational incentives; Dialectical behavior therapy; Motivational interviewing; Matrix Model; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	No	No
Crossroads Children and Mothers Program 114 Main Street Windham 04062 207-773-9931 http://www.crossroadsme.org	Residential; Short-term residential. (Women with children. Length is 30 days.) Anger management; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Relapse prevention; Substance use counseling approach; Trauma-related counseling; 12-step facilitation. Federal, or any government funding for substance use programs; IHS/Tribal/Urban (ITU)	Yes	Yes	Yes	NA

	funds; Medicaid; Private health insurance; Cash or self-payment.				
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Yarmouth

AGENCY	LEVEL OF CARE, SERVICES, and PAYMENT	SUD Tx	MH Tx	MAT PRESCRIBED	MAT Tx BUT NOT PRESCRIBED
SequelCare of Maine 70 Bayview Street Yarmouth 04096 207-847-2273 ext. 209 http://www.sequelcareofmaine.com	Outpatient; Intensive outpatient treatment; Outpatient methadone/buprenorphine or naltrexone treatment; Regular outpatient treatment; Telemedicine/telehealth. Anger management; Brief intervention; Cognitive behavioral therapy; Dialectical behavior therapy; Motivational interviewing; Rational emotive behavioral therapy; Relapse prevention; Substance use counseling approach; Trauma-related counseling. Federal, or any government funding for substance use programs; Medicaid; Private health insurance; Cash or self-payment; State-financed health insurance plan other than Medicaid.	Yes	Yes	Yes	NA
Jane Look LCPC CADC 261 Main Street Yarmouth 04096 207-251-1482 http://www.psychologytoday.com	Outpatient; Regular outpatient treatment. Anger management; Brief intervention; Cognitive behavioral therapy; Substance use counseling approach; Trauma-related counseling. Military insurance (e.g., TRICARE); Private health insurance; Cash or self-payment.	Yes	Yes	No	Yes

(SAMHSA=Substance Abuse Mental Health Services Administration;
SUD=Substance Use Disorder; MH=Mental Health; Tx=treatment;
MAT=Medication Assisted Treatment)